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MONTHLY
NEWSLETTER
NOVEMBER
2020

BOOK CLUB

We are holding a monthly zoom book club starting in December!

Book club will be held on zoom in small group breakout rooms. Links to the story and zoom event will be sent via email and are provided below.

This is the short story we are reading is "[Haunting Olivia](#)"

Approx. 30 min read time. Click here for access to [Haunting Olivia](#)

Date: Friday, Dec 4th
Time: 6pm
Where: Book Club
Zoom Link

Join Zoom Meeting:
[https://uindy.zoom.us/j/94783836338?](https://uindy.zoom.us/j/94783836338?pwd=YVN0c2Z0L2hPZXlPaTZ5L1k2UnRMZz09)
[aTZ5L1k2UnRMZz09](https://uindy.zoom.us/j/94783836338?pwd=YVN0c2Z0L2hPZXlPaTZ5L1k2UnRMZz09)

Meeting ID: 947 8383
6338
Passcode: 634355

PHONE-A-FRIEND

NOVEMBER 2020



THIS ISSUE

Welcome to Our Newsletter

Book Club

CICOA Sign Up

How to Stay Involved

Staying Healthy in 2020

Conversation Corner

WELCOME TO OUR NEWSLETTER

Hello and welcome to the Phone-A-Friend Newsletter. This will be a monthly source of information to keep everyone at Phone-A-Friend connected and informed about how to stay involved.

This month we will be hosting two volunteer information session to discuss how to be actively involved with Phone-A-Friend and to share new leadership opportunities within the organization. Please join us:

Wed, Nov 11 @ 8-9pm ([Join us on Zoom](#)) or
Thurs, Nov 12 @ 8-9pm ([Join us on Zoom](#))

In this issue you will find information regarding:

- A new partnership with CICOA to help us connect students with seniors.
- Book club begins Fri, Dec 4th, 2020 @ 6pm
- This month's hot topics of conversation

Thank you all for your continued commitment to Phone-A-Friend and dedication to providing meaningful connections during this global pandemic.



CONNECTING STUDENTS & SENIORS



CICOA SIGN UPS

Phone-A-Friend has partnered with CICOA to help connect students and seniors.

CICOA has a large network of older adults living in Indiana for us to connect with through their Telephone Reassurance Program.

Where to sign up for talking with Seniors:
[Sign Up Here!](#)

Click the link above and fill out the form on CICOA website. Be sure to select that you are volunteering through Phone-A-Friend. You will be connected with an older adult in Indiana.

HOW TO STAY INVOLVED

Attend Volunteer Info Session

Wednesday, November 11 @ 8-9pm

Click here to attend [Volunteer Info Session 1](#)

Thursday, November 12 @ 8-9pm

Click here to attend [Volunteer Info Session 2](#)

CICOA Sign ups

Click here to [Sign up with CICOA](#)

Book Club Sign Ups

Friday, Dec 4th @ 6pm

Let us know you're coming [here](#)

Click here for [Haunting Olivia](#)

Click here to attend [Book Club](#)



Find us on Social Media:
[Facebook link](#)

Phone a Friend Contact info: phoneafriendindy@gmail.com

STAYING HEALTHY IN 2020

Putting on a Mask:

- 1.) Wash your hands
- 2.) Put the mask over your nose and mouth
- 3.) Try to fit it snugly against your face
- 4.) Do NOT touch the mask when wearing it

Removing a mask:

- 1.) Carefully, untie the stings behind your head or stretch the ear loops
- 2.) Handle only by the ties or ear loops
- 3.) Fold outside corners together
- 4.) Avoid touching your eyes, nose, and mouth when removing
- 5.) Wash your hands

CONVERSATION CORNER

Topic of the week:

- How are you coping with COVID-19 pandemic?
- What is your favorite way to stay active?
- Do you want to join PAF book club with me?

COVID-19 UPDATES

[Center for Disease Control and Prevention](#)

